

RETATRUTIDE

GLP-3 RT Dosing Guide

Reconstitution Guidelines

- 10mg vial: 1 mL BAC water (100 units insulin syringe)
- 20mg vial: 2 mL BAC water (200 units)
- Swirl gently — do not shake. Refrigerate after reconstitution.

Dosing Schedule (1x a week)

- Start: 0.5 mg (5 units) (week 1)
- Increase +0.5 mg (5 units) per week
- Typical: 2 mg (20 units) 1x/week
- Max Recommended: 5 mg (50 units)/week

What to Expect

- Reduced sugar cravings/food noise
- Increased metabolism/fat burn
- Decreased dopamine dependence
- Slower digestion/bowel movement

Need the Compound?

- <https://cryotides.com/product.html?id=retatrutide>