

TESAMORELIN

GHRH Analog Dosing Guide

Reconstitution Guidelines

- 10mg vial: 1 mL BAC water (100 units insulin syringe)
- Swirl gently — do not shake. Refrigerate after reconstitution.

Dosing Schedule (daily)

- Start: 1 mg (10 units) daily
- Typical: 1-2 mg (10-20 units) daily
- Max Recommended: 2 mg (20 units)/day
- Typical duration: 4-12 weeks

What to Expect

- Reduced visceral/abdominal fat
- Increased natural growth hormone / IGF-1
- Improved body composition & metabolism
- Better sleep quality and recovery

Need the Compound?

- <https://cryotides.com/product.html?id=tesamorelin>